

Rider Recovery in Action

Angeline & Misty came to our program after a traumatic accident while out on the trail. They were negotiating a hill when Misty started bucking, knocking Angeline to the ground. When Angeline tried to recover, she spooked Misty who then kicked her in the face while attempting to get away.

Days later, Angeline found that she was too afraid to stand near or approach Misty. The fall she had taken, had shaken her confidence more than she first realized. Angeline's fear caused Misty to become difficult to handle.

When Angeline came to Rider Recovery she was terrified of Misty. She felt that her 25 years of riding experience was just washed down the drain. Rider Recovery worked with Angeline & Misty to help restore their spiritual connection.

Angeline has learned to read Misty & handle problems more effectively. She has also built a solid riding & groundwork foundation.

Angeline was a Christian before she came to Rider Recovery, but this program has helped her strengthen her faith. She has learned to lean on God to help her release her fear.

Angeline was so impressed with the effect Rider Recovery had on her relationship with both Misty & God that she became a trained member of the Rider Recovery Team.

Contact Us:

For more program information or to host the Rider Recovery program at a barn near you, contact Patricia "Boo" Titchenal at:

(618) 462-5410

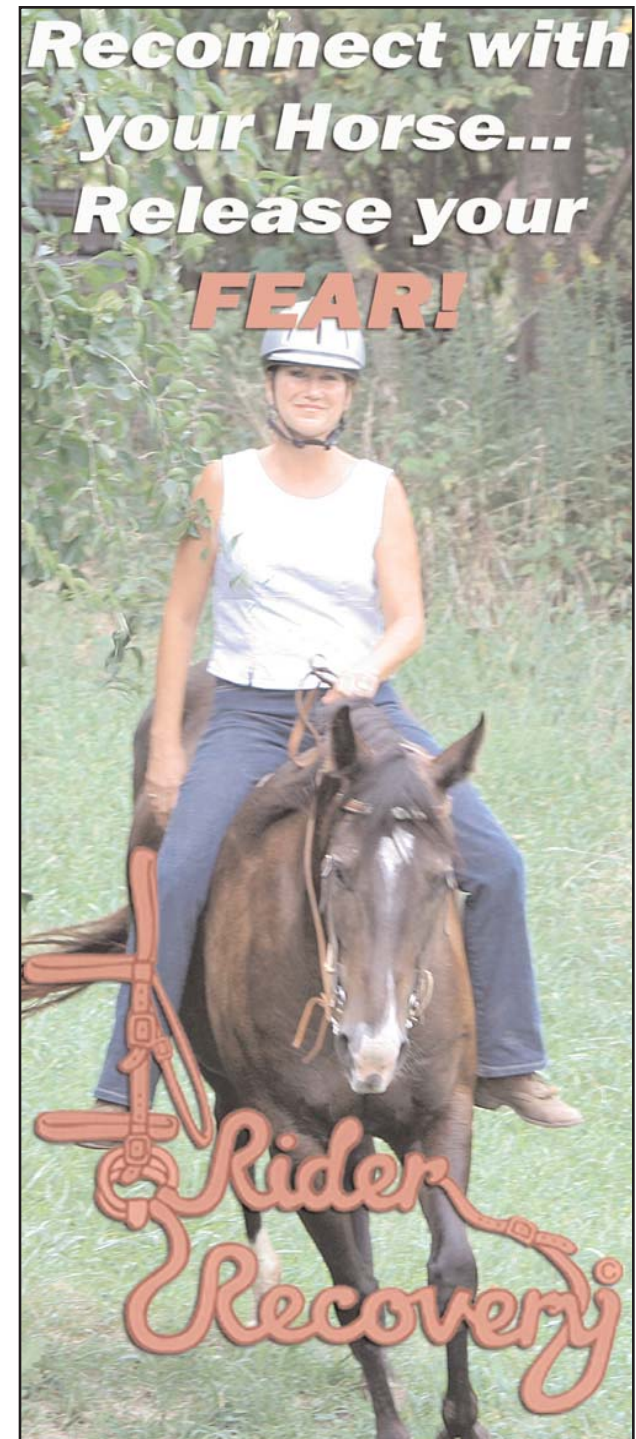
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All photos courtesy of: Rona Caldwell

**Rider Recovery
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What is Rider Recovery?

Rider Recovery is a Christian based program dedicated to rider & horse after an unfortunate incident or accident. Typically when a rider has an accident it causes both horse & rider to lose confidence in each other. Rider Recovery not only deals with the emotional & spiritual needs of the rider but also restores the confidence the horse lost.



Photo: Recovered Rider & team member, Angeline with her horse Misty.

Mission Statement

At Rider Recovery, our mission is to conquer rider fear while seeing to the spiritual & emotional needs of the rider & building the necessary skills to reconnect with the horse.

Rider Recovery is a Christian based program that is open to all faiths.

What is Fear?

Fear is a feeling of agitation or apprehension toward a perceived danger. When left unchecked, it can grow & take on a personality of its own. It has the power to envelop the life of the rider, rendering him/her powerless & stealing his/her joy in riding.

Fear is the opposite of Faith! Let Rider Recovery help restore your Faith so you can enjoy riding again!

Rider Recovery Helps

Most programs only focus on retraining the horse, but do nothing to alleviate the rider's fear. Rider fear puts a tremendous amount of stress on the horse, causing the horse to become reactive. With the help of Rider Recovery, riders & horses reconnect with each other by rebuilding the confidence & bond they once shared.



Photo: Recovered Rider, Jeanine with her horse Sonny.

The Program



Photo: Jeanine & Sonny.

Rider Recovery has four levels to best address your individual needs:

Level 1

#101 - This level is best for the rider who is afraid to be on or near his/her horse.

Level 2

#102 - This level is for the rider who is afraid of his/her horse from the ground, but not afraid to be in the saddle.

Level 3

#103 - This level is for the rider who is afraid to be in the saddle, but not afraid to be around the horse while on the ground.

Level 4

#104 - This level is best for the rider who is fine while in an enclosure but is afraid to go out on a trail.